

The 3 Proven Steps to
**Reinventing
Yourself &**

Manifesting Your Full Potential

BY NINA URMAN

START LIVING WITH PURPOSE, CLARITY, AND CONFIDENCE.

Are you ready?

From the outside, it seems like you have it all.

A great job, an upward career trajectory, a happy marriage, wonderful children, a steady stream of accomplishments.

But on the inside...it feels like havoc.

Intellectually, you know that you are strong, capable, and powerful and can achieve anything you want. But are you often overwhelmed by self-critical, anxious thoughts, fear and stress?

You're constantly stressed and anxious, unable to "turn off".

You feel guilty saying no, often take on too much, and find it hard to set boundaries and avoid people-pleasing.

You worry that you're not good enough, and Impostor Syndrome holds you back from speaking up and providing value.

You have this burning desire to do more, to start something on your own, to contribute to the world in some way, or to scale your project to the next level.

It's time to shed the things that are holding you back:

No more self-doubt, no more insecurity, no more wasting time on perfectionism and procrastination.

Take the first step

The 3 Proven Steps to Reinventing Yourself & Manifesting Your Full Potential Masterclass is the first step in truly reinventing your life so that the inside feels as good as the outside looks.

Learn these 3 Proven Steps by watching the masterclass.

Take the time to dive deep when answering the 3 questions on the worksheets. Your answers will help you to Re-Invent Yourself On Purpose.

You know in your heart that you have the power to create your life the way you envision it. Now you get to focus your energy on evolving into the best version of yourself.

Nina Urman Coaching



Hey there!

I am a mompreneur, a YPO Certified Forum Facilitator (CFF), a certified Professional Life Coach and I hold a master's degree in Finance & International Relations from Sciences Po (Paris) & MGIMO (Moscow).

As a Russian-German former professional tennis player, living in Paris for the last 10 years with my husband and our 7 children, my mission is to elevate the level of collective consciousness for a better world through self-awareness and connection.

I work with leaders from all around the world who long to live truly extraordinary lives.

I strongly believe that our external reality is a reflection of what is happening inside of us.

In my role as your *Mind-Manager*, I will help you get out of your head and declutter the things that are blocking you from living your **best life**.

My work is grounded and rational, as well as spiritual and transformative: change comes from the Inside Out.

I seek to guide you towards your inner wholeness and am committed to helping **YOU** create a conscious and fulfilled life on **ALL levels!**

